

10 March 2009

Gym on the move

BodyShapers gym in Westport will be closed from tomorrow for relocation to the new fitness centre at the Solid Energy Centre.

Patrons will get a four-day holiday from working out while equipment is moved from the rented Palmerston Street building to the new centre on Packington Street.

The fitness centre will open at its new premises at 6am on Monday 16 March.

“It is great to be at the stage of relocating to the new facility,” says James Lyver, General Manager of the new centre. “The refurbished equipment will be supplemented with state of the art new cardio gear, including treadmills, stationary bikes, rowers and crosstrainers. Staff will also be launching a range of ‘Life’ health and fitness classes. Classes have been designed to offer something for everyone, from beginners through to those looking for a challenging workout.”

The new fitness centre will offer a pleasant, air-conditioned environment, with access to showers and changing facilities. Opening hours will also be more extensive, with the centre also offering access to patrons on Sundays.

“Current BodyShapers members will have an extra week added to their existing memberships to compensate for the disruption to memberships,” says Mr Lyver. “These memberships will be honoured thru to expiry, at which stage the new fitness centre membership conditions will apply. The centre staff are looking forward to being able to provide a higher level of customer service and a greater experience to members at the new facility.”

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